

Introduction

Manifest the possible, your health and wealth improves by the manifestation of spiritual and material principles.

But what are these principles? Understanding the basics lead to results.

In this eBook, you'll discover and explore ...

The Law of Attraction: What It Really Is & What It Is Not

It is somewhat amazing to see how much talk there is about the *Law of Attraction* and how few people actually know about what it is.

The Law of Attraction is not a spell that you use and things begin happening that way. It is not that you chant 'like begets like' a thousand times a day and see things happening the way you want. If the Law of Attraction were so simple, we would have already witnessed the world as a much better place by now.

People explain the *Law of Attraction* in various ways. The most common definition you will find will be something like this:

"If you strongly believe that something should happen, it will certainly happen."

A sentence couldn't be any simpler, but you will immediately realize that this raises more questions than it answers.

The question of desires is the most important. Is it only what we desire and think about strongly that will happen? Or will things that we don't desire also happen if we somehow think strongly about them?

Then there is also the question of internal conflict of thoughts. At times, there could be situations where we think equally in both ways. For example, we may think that a job could be ours or not.

So how do we apply the *Law of Attraction* in such a case? Or what do we do when we are thinking strongly about something and someone else is thinking strongly about the exact opposite thing? What will happen in that case?

In order to be able to answer all these questions, it is important to first understand what the *Law of Attraction* really says.

We can break things down in the following four elements:

- 1) We must know exactly what we want.
- 2) We must begin a thought process for it, and begin vociferously asking the universe to make it happen.
- 3) We must then visualize a situation wherein we already have what we are hankering for, and we must live in that reality.
- 4) At the same time, we must not attach ourselves to what might happen. We must only think about having it. There is no room for apprehension.

We are now going to expose various aspects of the *Law of Attraction* and see how we can apply it in one of the most important areas of our lives – attracting money.

Can one really become rich by just thinking vividly about it?

We need to understand the law better and learn how to implement it in order to get these answers.

Mindset & Management

Are you feeling overwhelmed when it comes to your financial future?

Every journey, it is said, begins at the first step. Your first step is to work on you. You need to keep your head in the game, regardless of how tough things will be.

You need to apply the Secret.

The Secret is just this: everything begins with a thought. Thoughts lead to actions, which leads to the results of those actions made manifest in your life.

The Orville brothers had a thought about a flying machine. They took the action of sitting down to design their machine and then going out to test it.

They manifested the ability for you to go to an airport and be anywhere in the whole world in a matter of hours.

And you thought **you** were sailing uncharted waters!

Thoughts like, "I can't do this," "this won't work," "well, I'll give it a shot, but if it doesn't work out I guess I've got my day job to fall back on," lead only to two kinds of actions: **inaction** or **inefficient** action.

Either you talk yourself out of starting, or you spin your wheels reading email after email and surfing website after website without ever really getting your feet wet.

As a result, your life fails to manifest a financial future that gives you the freedom you really want.

Compare this to positive, super charged thoughts like: "Nothing's going to stop me. I have every tool I need. Other people have done this and so can I. I'm totally committed. I won't hold back. I've got a plan."

Thoughts like this lead to you taking appropriate action. You create that website. You stop fretting over the technicalities and the "can't do" and get creative about the "can do." You start outsourcing anything you can't deal with on your own. You keep learning. You polish up your management skills and you keep your mind in the right place—and little by little, your small efforts turn into something much bigger: the manifestation of a new life.

The Secret & Your Money

The Secret can bring you money, but it is not *about* money. It is certainly not about empty, proud, cold, wealth that stems out of the greed mindset.

This is about fulfilling *your purpose*, which is expressed in your deepest, most treasured dreams. The dream of your heart is your purpose on earth.

Our society tends to make us jump right to careers when we hear that, but it might not be a career at all. Your passion may be to parent your child. Your passion may be to be the best friend you can possibly be. Your passion may be to give enough that 1,000 new wells get built in parts of the world that currently have none.

None of these things can happen without money.

Money starts companies. Money builds bridges and roads. Money brings the security and freedom a parent needs to focus on parenting. Money brings the resources for philanthropy.

If you fall into the trap of believing that money is evil, then only evil people will have money.

Do we really want our beliefs to ensure that only pimps, drug dealers, war mongers, and cheats enjoy abundance while the good people of the world struggle? Of course not! That would be silly.

Yet if money is *all* that you focus on, money will always elude you. For one thing, we tend to store a lot of mental garbage when it comes to money. We tend to have a lot of fears about money. Fear is always counterproductive.

Bypass money entirely. It's not important here. It's necessary, but it's not all that important to you.

Joseph Campbell said, "If you follow your bliss, the money will follow." Get settled with the idea that you need money to achieve your dreams and that there's nothing wrong with that. Then ignore it. Turn your attention to your bliss. That is where the Secret will begin to work for you. That is where your emotions will supercharge your thoughts into the change you need.

Using The Law Of Attraction To Manifest Wealth

Here are the five things you need to do in order to manifest the wealth that you are expecting through the *Law of Attraction...*

1) Believe

The first step is to ingrain the thought of wealth in your subconscious. You have to think staunchly that you will be able to attain the large amount of wealth that you are hoping for.

2) Visualize

It is very important to actually visualize the wealth. You have to think that the wealth is already in your bank account and now what you will do with it. Begin

thinking as if you are planning what to do with the money. You don't have it already, but that's not the point. The *Law of Attraction* tells that you have to be strong in your belief, and visualization is the best way to do that.

3) Be Grateful

Taking your belief one step forward, you must actually start thanking the universe for granting the wealth to you.

Well, it has not already granted you the wealth, but you have no aspersions at all about that happening. You are darned sure that you will get the wealth and so being grateful is the next logical thing.

4) Listen to Your Heart

Your heart will tell you a lot of things at this point. It will tell you to do particular things. Do not stifle any of these "voices". Listen to them intently. Act upon them. You have to make sure that you listen to every voice because any of them could be the one voice that opens the doors of opportunity to you.

5) Continue Your Actions

Never give up, never relent. Remember that stopping is a sign of weakness.

You don't want the universe to understand that your belief is faltering. You want it to know that you will keep up no matter what. Sooner or later, your supreme confidence is going to bring the wealth at your door.

Using The Law Of Attraction To Manifest Health

If your body is raging in pain right now, it may be harder, initially, for you to try to figure out how to apply the Secret to your own Healing.

Even committing it to prayer, instead of visualization and mental exercises, might seem insurmountable.

But do not fear. You will have success here too.

Write it down. Know it for fact. Remember what you were like before your health declined and fixate on it.

Sometimes, we have ill health because we believe we should. We've hit a certain age, and our parents developed a health issue at that age, so we develop a health issue at that age.

Sometimes, we have ill health because we've been taking actions which treat ourselves badly.

Whether you are conscious of it or not, eating an entire box of chocolates reflects some sort of belief about yourself which manifests itself in your waistline and messed up blood sugar.

Jumping up on an injured leg reveals some other belief about yourself.

Sometimes, we have ill health because there is some unacknowledged anger, resentment, grief, or thought in our mind which we won't let out any other way.

It is time to let it all go. Time to release it. Use the Secret to make a declaration of independence from these issues today. Speak life over your body. Declare yourself healed.

Pay attention to your body when your body feels at its best. Pay attention to that which makes your body feel good.

Focus on the actions that will help your body. With a new, renewed focus, eat foods which energize you and nurture you. Love yourself enough to focus on getting the rest your body needs to heal. Let go of the issues inside of you which are expressing themselves as aches and pains. They do not have any power over you anymore.

Balancing The Inner Self & The Outer Self

One of the most significant ways to apply the *Law of Attraction* is to balance our inner and outer selves.

Our **inner self** is our consciousness. It is the way we think and behave. This is where the *Law of Attraction* begins to take effect. The *Law of Attraction* starts manifesting itself when we think and that begins in our inner self.

Our **outer-self** is characterized by our action. The way we act and implement our thought processes is how our outer-self functions.

If we have to make the best utilization of the *Law of Attraction* into our life, then it is essential that we learn how to create the balance between our inner and outer selves. It is vital that we put into action what we think. What begins as a thought manifestation must get converted into action.

If you were to just think and sit about getting a new house, it isn't going to happen. Yes, if your thoughts are strong, if your belief is strong, the universe will begin aligning itself toward making things happen.

But now, it is you who has to act. If you don't even lift a finger things aren't going to happen. Now, you have to put your outer self into action. This is when the positive energies that have been created start taking shape and things begin happening.

The problem with most of us is that we use our inner self to think and believe. We say so often that we want to do a particular thing but only a few of us actually put our outer-selves into action mode.

The *Law of Attraction* will make things happen. But it will restrict itself to aligning things in a particular way. The rest is your call.

It will make you confident about doing certain things, and that is what will influence the people around you and things will happen positively for you, but the main thing for that to happen is that you have to take the initiative and act.

Your Next Steps

Now you know the power of the *Law of Attraction* and what it can do for you when used correctly, your next step is to follow a proven plan to align your outer-self (your actions) with your inner-self (your thoughts).

If you'd like a *proven blueprint* from the industry's leading experts so you can finally achieve anything you want in life, simply click the button below now...

CLICK HERE NOW TO LEARN MORE

Life is an amazing dream, start living it!

- Akutra-Ramses A Cea